

Guidance for Children Attending Teachings by H.H. 17th Karmapa Trinley Thaye Dorje and Lama Jigme Rinpoche in London July 2012

Following requests from a number of people and our experience from previous events, we have reviewed our guidance on children under ten attending teachings. The aim is to ensure that those attending the teachings have the most benefit.

It is difficult for children to remain quiet during long teachings, and this has an impact on other people who are attending. In particular, the Empowerment of Dzambala, including the preparation phase, is itself an extended meditation and is therefore particularly unsuitable for young children.

We would advise that, given the length of the teachings and the number of people attending, these events are not suitable for young children and parents should try to arrange childcare for children under 10.

However, children under 10 can attend the teachings in London, as long as their parents ensure that they remain reasonably still and quiet during the teachings and do not disturb other people attending. If the children are restless or noisy, parents will be required to take them from the main event room.

There are no crèche facilities at these events and parents are responsible at all times for their children.